

I had one fantastic adventure after another on gorgeous Lake Powell with the Hidden Canyon kayak group. The paddling was fashioned to fit each of us as we could go as long as we liked. Going up the slot canyons with the reflections was incredible...Then getting out and hiking was an added bonus. I still can close my eyes and see the beauty. I learned a lot from asking questions about stroking and using my body more to my advantage. The food was delicious, healthy and very satisfying. I felt catered to as we had to do was have happy hour overlooking some lovely spot and dinner was prepared for us. It was the trip of a dream...

Karen Cox